



Cluster Headache Awareness Day

Wednesday March 21st 2018

Venue: Normandy Hotel. 7 Rue de l'Échelle, 75001 Paris, France

“Shaping a painless future for CH in Europe”

1ST PART

14.00h **Brainstorming time to work on the most critical elements that must be included in the “Paris Declaration”**
All EHA CHSIG members discuss and make a decision on what messages have to be included in the “Paris Declaration”

15.00h **Attendees registration**

15.10h **Welcome note**
Mrs. Elena Ruiz de la Torre – EHA President

1st Panel: Living with Cluster Headache. “A live journey paved with a tragic feeling of loneliness, misunderstanding and mistrust”

Moderators: Mrs. Elena Ruiz de la Torre & Prof. Dimos Mitsikostas

15:15h **Can you see my pain?**
Mrs. Ewa Kalina Tyminski – EHA CH SIG Chair; AFCAVF President.
An introduction to what living with CH is, using visual contributes and powerful icons of the disease – pictures and movies – new media.

15:30h **Barriers to a proper care of CH patients in Europe.**
Prof. Paolo Rossi – EHA Vice-president; CH SIG Medical Advisor
A review of the limitations of healthcare assistance encountered by CH patients in Europe including new data by the incoming EHA survey on access to care and maybe a second one on employment problems.

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2nd Panel: Shaping a painless future for CH patients in Europe

Moderators: Mrs. Elena Ruiz de la Torre & Mrs. Ewa Kalina Tyminski

- 15.50h** **Education is the priority: the role of academic societies for improving physicians' literacy on CH.**
Prof. Dimos Mitsikostas – University of Athens, EHF Past President.
A review about how an educational project can improve diagnosis and treatment of CH and pain disorders in general and a call upon cooperation for an itinerant educational project across Europe including specialists and expert patients.
- 16.05h** **The present and future of Neuromodulation in CH**
Prof. Delphine Magis (CHR de La Citadelle, Liege, Belgium)
A review of the present usefulness and future evolution of the neuromodulation techniques for CH.
- 16.20h** **Coffee break**
- 16.30h** **Efficacy of Ketogenic Diet in Chronic Cluster Headache**
Dr. Cherubino di Lorenzo (Don Carlo Gnocchi Onlus Foundation, Milan, Italy)
A presentation about the potential therapeutic relevance of Ketogenic diet for chronic CH
- 16.50h** **Ketamine treatment for CH**
Dr. Livia Granata (Schmerzzentrum, Zurich, Switzerland)
A lecture on the potential therapeutic usefulness and current experience on Ketamine for CH
- 17.10h** **Together we are stronger: The Cluster Headache Special Interest Group of the EHA**
Mrs. Ewa Kalina Tyminski – EHA CH SIG Chair; AFCAVF President.
A presentation of CH SIG, projects and identity.
- 17.30h** **Is it time for a patient-centred revised guidelines for CH?**
Dr. Harald Müller – CSG President (Federal association of CH self-help group, Germany)
A call upon cooperation between the stakeholders to write a first edition of patients-prompted guidelines on CH.
- 17.45h** **Project to play a leading role in the market for Headache Disorders**
Mr. Richard Posthuma (in collaboration with Dutch Organization of Headache Centres (VNHC), University of Utrecht, Delaware Consulting and SAP)
- 18.00h** **Debate with the audience**
- 18.15h** **Concluding Remarks (#thefutureofch)**

2ND PART

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Let's go for a beer! (Everyone is welcome) – CH SIG Indy-session

Venue: A Caveau Montpensier, 15 Rue de Montpensier, 75001.

Social event with space for presentations about independent research)

- 19.00h** **NOBISm – Collecting Knowledge together**
Mr. Rogier Koning
- 19.20h** **Managing CH with psychoactive alkaloids**
Mr. Miguel Ángel de Pascual (AEPAC, Spain)
- 19.35h** **Networking and Signature of the “Paris Declaration”**

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